

LTL - What are my options?

| LEVEL | I have never been on the water and not sure if I want to learn to sail | I am a beginner and want to learn | I am a beginner or can sail already but would like to take private lessons | I can sail already but would like to get better and improve my skills | I can sail already and want to get out with other people but don't want lessons | Improver Group training (already full) |
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| WHAT CAN I DO | Try our taster sessions – 2 hours on the water with Mark in a larger dinghy, he can show you what its all about so you can decide if you want to do more | Take the beginners LTL training course hosted by Shoresports – 6 lessons to get you sailing solo in the harbour | Take some lessons with Ken or Mark from HSC or Shoresports to improve your skills further . 1-1 or 2-1 lessons available. | Booster session – this is a one off 3-4 hour session for ladies wanting to improve and build confidence (must be able to rig / launch / use tiller extension already) | Join in the LTL Social Sailing sessions or the general HSC Social Sailing sessions and take part in our friendly racing if you want | Improver group training to progress previous LTL participants that have a certain level of skill already. Participants have already been contacted. |
| WHAT WILL IT COST | £40 for a 2 hours lesson (this is a special reduced price for HSC LTL members) | £190 for 6 sessions but you get £50 refund from HSC if you attend 5 out of 6 sessions | Mark / Ken - £40 for a 2 hours lesson (this is a special reduced price for HSC LTL members). Members discount at Shoresports. | No cost - run by Margaret and Louise | No cost – run by HSC so you can join in any of the social sailing or racing | £25 registration fee (to cover boat hire and fuel costs) invitation only – run by Margaret and Louise |
| HOW DO I BOOK /FIND OUT MORE | Email Mark to arrange at a time that suits you | For further details email Nick at Shoresports | Email Mark/Ken or Shoresports to arrange at a time that suits you | See Margaret and Louise for further details or email mnorris60@hotmail.com | See the club diary for the sailing dates, put them in the diary and show up on the day | Invitations have gone out to those ladies from last year that are ready for more advanced training in 2025. (already full) |

When is it all happening?

Taster Sessions

Anytime – contact Mark to arrange a time that suits you

LTL Beginners Group 2025 – Shoresports

Thursday 24th April 6.00pm – 8.00pm

Thursday 8th May 6.00pm – 8.00pm

Thursday 22nd May 6.00pm – 8.00pm

Thursday 5th June 6.00pm – 8.00pm

Thursday 19th June 6.00pm – 8.00pm

Thursday 3rd July 6.00pm – 8.00pm

Private lessons

Anytime – contact Mark / Ken from HSC or Nick / Lucy from Shoresports to arrange a time that suits you

LTL Booster Session

A 3-4 hour session on a Sunday in Spring 2025-date to be confirmed. Register your interest this evening with Margaret and Louise and they will give you more information.

Ladies Social Sailing / General Social Sailing and racing

Anytime – all the dates will be in the club calendar throughout the year

LTL Improver sessions (invite only)

Margaret and Louise will contact you if you have previously been in LTL sessions and have reached the required level for improver lessons

Email Contacts

Ladies That Launch : ltl@highcliffesailing.co.uk

Mark Anderson : markand@sky.com

Ken Fowler : kenfmtb@gmail.com

Louise and Margaret : mnorris60@hotmail.com

Shoresports : nick@shoresports.co.uk

Blokes in Boats : bib@highcliffesailing.co.uk

Memberships : membership@highcliffesailing.co.uk

Club Address – Sea Vixen, Mundeford Quay, Christchurch, Dorset, BH23 4AB
Club Phone number – 01425 274874 (this is not manned every day, please use email
and WhatsApp groups for a prompt response)
Website - www.highcliffesailing.co.uk